

Outdoorsman Triathlon Haikus (5/7/5 syllable format)

BR Carson

Toe the muddy line
Run will need more than swift steps
O're the swan road home

Maintain you distance
Swim, run, paddle down river
Take care and stay safe

Dodge

Three legs of torment
Howling headwind on the lake
Vowed: Never again

Crawl up the carpet
Cruise up and down Needmore Hill
Stay strong on the lake

Nature in Haiku?
Like "lake", "river", "rock", "kudzu"?
Bring plastic canoe

Keith Havens

Ow, ow, ow, ow, ow
Ow, Ouch, Ouch, ooh, Ouch, Arrgg, ow
Ow, Ow, Ouch, Ow, Ouch

Mildred Neville

Morning air, eager
Anticipation growing
Last? No cares, just there

Ross boys, Havens boys,
Making it look so easy
Old folks suffering...

Kirk Havens

Swim in water cold
Run crawl forever upward
River flow with pain

Shiver splash struggle
Breathe deep while legs cramp uphill
Blisters and triumph

Cool and pleasant swim
Easy run up Needmore Hill
Relaxing paddle.

Scott Dillery

Ouch, ah, ouch, ouch, ouch
Ouch, ouch, OUCH, OUCH, OUCH, ouch, ouch
Ouch, ouch, Ouch, OUCH, OUOUOUCH!

Not swimming too straight
Graveyard hill is finally past
Sue yelling at me.

Swimming crooked, bad.
Run past cemetery, good.
Hearing, "Over!" Great.

Phil Pickett

Dive, stroke, stroke, turn, stroke
Stroke, turn, stroke, stroke, crawl up hill
Dry off, put on shoes

Jay Curwen

Cold and breathing hard
One foot in front of other
Paddle stroke is weak

Right foot, left foot, pace
Up long ass hill, down short hill
Catch breath, where is boat?

Jim Ross

Lake is way too cold
Farrington in front again
Lake is now warm, hmmm?

Hop in boat, get goin'
Paddle, paddle, scrape, dodge, HIT!
Oh, crap! Maze! Made it!

Karla Havens

Mist. Orange buoys.
Kudzu vines. Dogs. Take you down.
Wind. Wakes. Cheers. Over!

Flatwater now, go man!
Catch guy ahead, keep grunting
Finish line! Yee haw!

Ed Sharp

Site the red buoy
Seek the cemetery hill
Focus on the Maze

Next year, learn to swim!
Hard to do with pools all closed
Heck, do it again

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Paul Joffrion

Forty years of toil
In lake on river on soil
No quote yet on shirt

Proud warriors drink
The monumental challenge
Karla kicked all butts

Paul Wolf

Legends built this race
A test of our grit, and pace
Swim, Run, Stroke, make haste!

John Burton

Maybe when I get
As stout as Russ and Payson
I'll compete again

Rick Ashton

Travel to torture
Meet all the competitors
Swim run canoe smile

Shoulders hurt on swim
Run up mountain hurts the legs
Paddle with some pain

Zak Havens

Dive in, feeling good
Arm cramp, leg cramp, side stitch, damn..
Knew I should have trained

Grueling uphill run
I don't enjoy gravity
Save a grave for me

No strength for rapids
Just gotta get to the lake
NOW I'm halfway done?!

At last, there's the bridge!
What do you mean, the FIRST bridge?!
At least the sun's out

Why is the sun out?
My skin chars, my retinas burn
I miss the river

Finish line? Mirage?
My boat ignites as I cross
Off to Valhalla_

John Wallace

With new friends I go
zig zagging through dark waters
where Cherokee marched

I should have trained more
My knee is sure to be sore
Hey, where is my oar? (paddle, I know I know...)

Why oh why oh why
Did I think that the canoe
leg would be easy?

Linda Crowe

After the race, pain.
I say this: never again.
Again doesn't hear.

Mike & Leigh Nolan

Lake

The horn breaks the calm.
The swimmers break the water,
emerging cold. Run!

Hill

Run up Needmore Road.
Endless blacktop, curved and steep.
We all Needmore lungs!

River

Rushing of water
Navigate the rapids, then
Sudden calm. Dig. Done!

Zane Havens

My haiku is late.
Like the past years of races,
I've been a no-show

But is this the year?
My redemption will be spelled
O – u – c- and h

Kade Havens

Setting up the course.
Maybe it will be shorter?
Nope. It's still too long.